

For reservations please print:

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ zip \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Any dietary or handicap restrictions \_\_\_\_\_

Please send a deposit of \$25.00 to reserve a space, attention: Dr. Cecero Lecture Series. Or check us on the web. [www.stfrancisretreathouse.org](http://www.stfrancisretreathouse.org), click on June 7th to print registration and mail in with your deposit or call us with your reservation.

Call 610 -258-3053 with any questions or Email [mikesfrh@localnet.com](mailto:mikesfrh@localnet.com) or [maryjanesfrh@localnet.com](mailto:maryjanesfrh@localnet.com)  
Attention: Dr. Cecero Lecture Series

**Of special interest to all health care professionals, physicians, psychologists, therapists, nurses, nurse practitioners, spiritual directors, association of christian therapists, caregivers and interested persons.**

**Directions:**

**From Rt. 22: Take Rt. 33 South.** \*Get off at first exit (William Penn Highway), turn left, go approximately 1/4 mile, turn left onto **Chipman Road**, continue on to stop sign and continue on to Retreat House, hidden from view, entry is on the right.

**From Rt. 78: Take Rt. 33 North** to William Penn Highway (2nd exit), turn right, continue onto Chipman Road as above.

**From the West via Route 80 in PA** Take Route 80 East to Route 33 South exit, take 1st exit (William Penn Highway), turn left, go approximately 1/4 mile \*(see directions above).

**From the East via Route 80** Take Route 80 West into Pennsylvania to **Route 33 South** exit, then follow directions above.\*

**From Philadelphia area or PA Turnpike** Take NE Extension of the PA Turnpike exiting at the Lehigh Valley Exit (Allentown/Bethlehem/Easton). Turn right after the toll booth onto Route 22 East towards NJ. Continue East to **Route 33 South**, Get off at Route 33 South, exit at first exit William Penn Highway, then follow directions above. \*

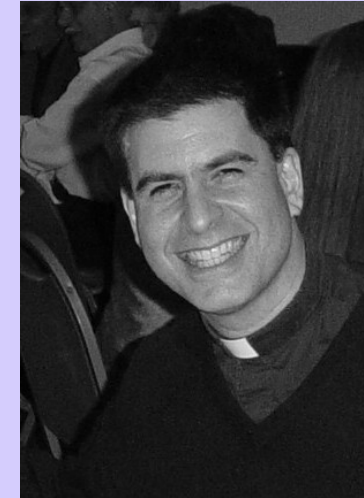
**St. Francis Retreat House  
3918 Chipman Road  
Easton, PA 18045  
Phone 610-258-3053 FAX 610-258-2412  
Email: [mikesfrh@localnet.com](mailto:mikesfrh@localnet.com), or  
[maryjanesfrh@localnet.com](mailto:maryjanesfrh@localnet.com)  
[www.stfrancisretreathouse.org](http://www.stfrancisretreathouse.org)**

# ST. FRANCIS LECTURE SERIES—

**Spirituality and Psychotherapy:**

***From Healing to Wholeness***

***Practicing Forgiveness***



**John J. Cecero, S.J., Ph.D.**

***Monday  
June 7, 2010  
9:00 am—4:00 pm***

St. Francis Retreat House  
3918 Chipman Road  
Easton, PA 18045  
610 -258 -3053  
[www.stfrancisretreathouse.org](http://www.stfrancisretreathouse.org)



## ***Spirituality and Psychotherapy Topics—***

### ***From Healing to Wholeness. Practicing Forgiveness.***

Fr. John Cecero, a Jesuit priest and clinical psychologist, is an associate professor in the Department of Psychology at Fordham University. He is also Rector of the Jesuit Community and Director of the Center for Spirituality and Mental Health at Fordham.

Fr. Cecero maintains a research interest in personality assessment and the role of spirituality in mental health. He published "*Praying through Lifetraps: A Psycho-Spiritual Approach to Freedom*" (Resurrection Press, 2002). Father Cecero maintains a part-time clinical practice, in which he sees individuals and couples for outpatient psychotherapy.

**“The morning talk, "From Healing to Wholeness", will describe how spirituality and psychology can be integrated in theory and practice to foster not just recovery from physical or mental symptoms but real freedom and joy in living. This talk will explain how the development of virtues such as creativity, love, humility, and gratitude is within our everyday grasp and can lead us to flourish in life.**

**The afternoon talk, "Practicing Forgiveness", will begin by distinguishing forgiveness from reconciliation, highlight the scriptural and theological foundations for forgiveness, and point out the emotional and spiritual benefits for the forgiving person. The talk will also explore why it may be so difficult to forgive, and then will conclude with practical steps for real forgiveness.**



.Pictured here is Saint Dymphna who is the patron saint of those who suffer from mental illnesses and for mental health professionals.

**Monday, June 7th, 2010**

**9:00 am to 4:00 pm**

**Cost: \$65 includes lunch**

**Registration begins 8:30 am  
with coffee and Danish**

Of special interest to all health care professionals, physicians, psychologists, therapists, nurses, nurse practitioners, spiritual directors, association of christian therapists, caregivers and interested persons.