

For reservations please print:

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ zip \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Any dietary or handicap restrictions \_\_\_\_\_

Please send a deposit of \$50.00 to reserve a space, attention: Dr. Krucoff Lecture Series. Or check us on the web. [www.stfrancisretreathouse.org](http://www.stfrancisretreathouse.org), click on July 22 to print registration and mail in with your deposit or call us with your reservation.

Call 610 -258-3053 with any questions or Email [mikesfrh@localnet.com](mailto:mikesfrh@localnet.com) or [maryjanesfrh@localnet.com](mailto:maryjanesfrh@localnet.com)  
Attention: Dr. Krucoff Lecture Series

For all health care professionals, physicians, nurses, nurse practitioners, spiritual directors, association of Christian therapists and caregivers.



**Directions:**

**From Rt. 22: Take Rt. 33 South.** \*Get off at first exit (William Penn Highway), turn left, go approximately 1/4 mile, turn left onto **Chipman Road**, continue on to stop sign and continue on to Retreat House, hidden from view, entry is on the right.

**From Rt. 78: Take Rt. 33 North** to William Penn Highway (2nd exit), turn right, continue onto Chipman Road as above.

**From the West via Route 80 in PA** Take Route 80 East to Route 33 South exit, take 1st exit (William Penn Highway), turn left, go approximately 1/4 mile \*(see directions above).

**From the East via Route 80** Take Route 80 West into Pennsylvania to **Route 33 South** exit, then follow directions above.\*

**From Philadelphia area or PA Turnpike** Take NE Extension of the PA Turnpike exiting at the Lehigh Valley Exit (Allentown/Bethlehem/Easton). Turn right after the toll booth onto Route 22 East towards NJ. Continue East to **Route 33 South**, Get off at Route 33 South, exit at first exit William Penn Highway, then follow directions above. \*

**St. Francis Retreat House**  
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Easton, PA 18045  
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[www.stfrancisretreathouse.org](http://www.stfrancisretreathouse.org)

**ST. FRANCIS  
LECTURE SERIES:  
THE HEALING POWER  
OF PRAYER**

**WEDNESDAY,  
JULY 22, 2009  
9:00 am—4:00 pm**



**Mitchell W. Krucoff MD, FACC**

Professor, Medicine/Cardiology  
Duke University Medical Center  
Director, Cardiovascular Devices Unit  
Director, The MANTRA Study Project  
Duke Clinical Research Institute

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## ***High Touch Care in High Tech Medicine: Lessons From The Heart of Cardiology***

Dr. Krucoff is Professor of Medicine/Cardiology and an Interventional Cardiologist at Duke University Medical Center. His clinical trials include patients and hospitals in five continents. Director of the **MANTRA Study Project, Duke Clinical Research Institute**, examining the impact of noetic therapies—including intercessory prayer, music, imagery and touch therapy—on patients with heart disease. He is lead author of the MANTRA study project, published in the *American Heart Journal* in 2001, and the first multicenter study of prayer, published on July 16, 2005, in *The Lancet*. His work has received international academic and media attention including articles in *Time* magazine, segments on *ABC-TV's "20/20"* and the *BBC/Discovery Channel*, aired in 2004 for his pioneering research in the program "*Can Prayer Heal?*"

Krucoff is author of more than 100 publications in cardiology literature and medical texts; Senior Editor of the *Journal of*

*Alternative & Complementary Medicine* and past Editor-in-Chief of the journal *Alternative Therapies in Health and Medicine*; co-editor of the book "*Integrative Cardiology: Complementary and Alternative Medicine for the Heart.*"

**Abstract:** Percutaneous Coronary Intervention (PCI) is performed in more than a million patients annually and continues to be one of the most rapidly evolving areas of technology in cardiovascular care. Medical devices such as drug eluting stents and pharmacologic agents such as novel anti-coagulant and anti-platelet drugs are just a few of the very fertile and active areas of PCI-related research. Patients undergoing PCI experience predictable peri-procedural stressors, from the most fundamental concerns about personal mortality to the combination of physical and emotional discomfort while awake during and after the PCI itself. With awareness that anxiety related catecholamine surges can create vasoconstriction, tachycardia, increased myocardial oxygen demand, platelet and immune activation, patients undergoing PCI present a focused human substrate of mind-body-spirit interaction in which the role of intangible human capacities such as faith, love, trust, Qi, or related so-called "subtle energies" might have a meaningful adjunctive therapeutic role. Systematic study of these therapies with elucidation of their safety, efficacy or mechanisms in the PCI setting is in its very early stages. The Monitoring and Actualization of Noetic TRAInings (MANTRA) Study Project is a program of prospective, randomized clinical trials of the use of imagery, stress relaxation, music, touch therapy and distant prayer in patients undergoing urgent and elective PCI. Experience from the MANTRA Pilot and Phase

II multicenter study, including 900 PCI patients followed for clinical outcomes from PCI over 6 months, will be reviewed and discussed in this presentation. These data will be reviewed in the context of other recent reports of prospective studies of intangible therapies in cardiac patients.



**Of special interest to Physicians, Nurses, Nurse Practitioners, Association of Christian Therapists, Spiritual Directors, and all health care professionals and caregivers.**

**Wednesday, July 22, 2009**

**9:00 am to 4:00 pm**

**Cost: \$100 includes lunch,**

**Registration 8:30 am with coffee  
and Danish**